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Over the last three decades, the use of traditional medicine has increased significantly and gained great popularity worldwide. In many countries, traditional medicine has taken a significant place and is being recognized not only by the general public but also by the authorities.

The WHO recognizes the importance of traditional medicine methods and has published the General Guidelines for Methodologies on Research and Evaluation of Traditional Medicine, which defines the approaches that help form national regulations and facilitate the implementation of traditional medicine methods in the health care systems of many countries, in regard to the application, research, evaluation, quality control etc.

In spite of this fact, most doctors are still not ready to accept these methods as a regular form of medical treatment. Because of this, many patients use traditional medicine methods without the knowledge of their doctors.

This fact potentially represents a major public health issue and carries a great deal of risk to the patients, as it may cause two problems: the delay of the appropriate conventional treatment as well as possible negative interactions between the treatments of the traditional and conventional medicine taken at the same time without the doctor's supervision.

Because of that, it is our obligation to create a space in which the methods of traditional medicine will be applied safely and successfully.